

## How to Make the Most of Your Weekend Away at Lenk 2017

### Please remember to bring:

- Bible
- **Valid Passport**
- Money (Swiss Francs!)
- Snacks (traditionally all the men bring their favorite snacks to share at the conference)
- Shower sandals/slops/footgear
- Toiletries **and towel**
- Note pad and pencil
- Sunglasses
- Sunblock
- Camera

### General Instructions

- Remember to purchase a **Vignette** (Swiss car toll) which you can do at the border, a gas station on the Autobahn near the border, or at an ADAC office.
- Please **register** in the **Büro in Camp** at Kuspo upon arrival! Registration from 13:00-18:00.
- You can **reserve skis** etc. online at [www.troxler-lenk.ch/en/links](http://www.troxler-lenk.ch/en/links) but please be sure to mention that you belong to the "**IBC Group**". When you collect your skis etc, you should receive a 20% discount when you show your name tag with the IBC ID that you will receive when you check-in at arrival at Kuspo.
- **Ski Lift Tickets** must be paid/picked up at the Lenk Tourist Center (Rawil Str.6) downtown
- Please **appoint a man** to be responsible for sweeping the room, collecting garbage and inspecting the beds before checking out.
- **No food or drink in the rooms** at KUSPO please.
- Bring all your **favourite sweets**, candy, potato chips and other healthy food to share. Please bring to the kitchen (Aula) in the school where the conference takes place (not at Kuspo).
- Skis to be put in the **skis room** in the basement of the Camp.
- A seminar room above the cafeteria at Kuspo is available for men to have a Quiet time from 6:30 – 7:00. **Coffee** will be available upstairs but is not to be taken into the cafeteria!
- Valuables can be placed in a safe in the Büro (where you will register).
- Please ask at the Office (Büro) at Kuspo should you want to swim in the Lenk public pool.
- The conference takes place in the "Aula" in the nearby school in Lenk near centre of town.
- The seminars and devotional takes place in the seminar room above the cafeteria at Kuspo.
- All **meals** are provided in the cafeteria at Kuspo.
- If you don't want a lunch pack for skiing, you must let us know if you want lunch at Kuspo. **Meals are only reserved for those who have indicated that they will not need a pack lunch for skiing!**
- If you have a group of more than 5 men, you may consider taking a collection to sponsor some of your youth and other men.

### Address:

KUSPO, Kurs- und Sportzentrum  
Simmendamm  
3775 Lenk, Switzerland  
Tel. +41 (0)33 733 28 23  
Fax +41 (0)33 733 28 20  
info@kuspo.ch | www.kuspo.ch

In order to make the most of this great opportunity to be spiritually refreshed and to build on the blessings received, we would like to offer the following suggestions for you and your men:

1. Once you know which of your men in your church will be attending Lenk 2017 arrange to meet as a group, 1 or more times prior to the weekend.
2. If you have a large group of over 10 men, form small groups of 6 - 10 men.
3. Assign 1 or 2 leaders per small group who will be responsible for leading the small group meetings before, during and after Lenk. Your leaders will also be responsible for gathering the men together at Lenk and arranging a place to meet.
4. At the meeting/s prior to Lenk, we would encourage you to meet in your group/s to pray together and to connect with one another. For this purpose we would encourage you to perhaps do the following at the first meeting:
  - a. Provide snacks and drinks (always a winner for the guys!).
  - b. Collect names of those attending and provide name tags.
  - c. Divide the men up into small groups if you have more than 10 men. Consider age and nationality.
  - d. Introduce the leaders of your small groups.
  - e. Get into your small groups.
5. In your small group:
  - a. Open with prayer
  - b. Introduce yourselves (Who are you? Family? Where are you from? How long have you been attending the church? What do you do as a profession? etc).
  - c. Ask:
    - What do you expect to get out of getting away with the men at Lenk?
    - What do you think the benefits are of getting together with other men?
  - d. Gather prayer requests and pray for one another.
6. Subsequent meetings prior to Lenk can be used to do a short study on a men's related topic such as "A Man After God's Own Heart" or "Men of Prayer" etc. (if you need help with material please contact us).
7. At Lenk we would encourage your men to meet in their small group/s for:
  - a. combined morning prayer and devotional time before breakfast (rooms are available above the cafeteria/ breakfast area).
  - b. discussion and prayer after the evening session (rooms are available at the school where the conference is held as well as at Kuspo). The leaders should prepare some questions based on the material presented at the conference to help the men "chew" on the message.

8. After the weekend away at Lenk we would strongly encourage you to use the momentum created to meet regularly as men. We would therefore recommend that you have a fixed date planned already before you go to Lenk so that the men will meet again at least once after the weekend. At the follow up meeting you could do the following:
  - a. Provide snacks and drinks.
  - b. Open in prayer
  - c. Testimonies
  - d. Break up into small groups and ask:
    - What did you get out of the weekend?
    - How do you think we can keep the momentum created by getting away together?
    - What kind of men's meeting would you be interested in attending? (Men's breakfast, men's Bible study, etc)
    - Pray
9. Invite a team from the IBC NewMen Ministries to come to your church to speak to your men and let us know if we can help you and your men in any way with recommendations for material, procedure to build purposeful men's ministry etc.

We trust that Lenk 2017 will be a blessing to you and your men and we look forward to seeing you there!

Yours in Christ,

The IBC NewMen Ministries Team

